

# EcoSystem Master Coach

ICF LEVEL 3 COACHING EDUCATION

EVOLUTION COACHING ACADEMY

Leading to ICF MCC Master Certified Coach Credential



## About Evolution Coaching Academy

Evolution Coaching Academy is an ICF Accredited Coaching Education Provider. We offer coaching education programs for each level of ICF coach accreditation: ICF Level 1 *The Birth of a Coach* for ACC, ICF Level 2 *Intuitive Coach* for PCC, ICF Level 3 *EcoSystem Master Coach* for MCC.

The programs offer comprehensive education, training and mentor coaching in the Core Coaching Competences and Code of Ethics as defined by the ICF. The programs prepare the participants for conducting a trustworthy and grounded coaching practice, and for obtaining the ICF internationally renowned coach accreditation at Associate Certified Coach (ACC), Professional Certified Coach (PCC), and Master Certified Coach (MCC) levels.

This is a reference to the ICF Accredited Education Program Listing on the ICF website:

[ICF Education Search Service](#)

We adhere to the ICF's Program Accreditation Code of Conduct.

[ICF Program Accreditation Code of Conduct](#)

Our Instructors, Mentors, Supervisors and Examiners are practicing ICF credentialed coaches complying with the ICF Code of Ethics.

[ICF Code of Ethics](#)

We adhere to the ICF's Program Accreditation Code of Conduct. Our Instructors, Mentors, Supervisors and Examiners are practicing ICF Accredited Coaches complying to the ICF Code of Ethics.

Evolution Coaching Academy is grounded in a holistic philosophy of empowerment, collaboration and evolution of life. For us, individuals, relationships, teams and organisations are living organisms. We facilitate our client's journey towards feeling empowered, clearer about their purpose and direction, recognising that their experiences serve them as valuable learning through which they evolve in the spiral of life on our planet.

Our coach training, mentoring and supervising programs are intended for people with an open heart, who feel the calling of the coaching profession and who want to work with other people to support them in their growth and evolution.

We provide coaching services that adhere to ICF ethics and standards, in the areas of individual, relationship, team and organisation needs. We support organisations to apply those services in a valuable, ecological and sustainable way for themselves, their people, the environment and partners in their journey. Our services are delivered in one-to-one, relationships of two and group (3-100) formats.

We complement our coaching expertise with holistic organisation management, leadership and sustainable collaboration competencies. We have created a number of our own development models that we share in our training programs, consultancy and mentor coaching.

Everything we provide is grounded in the philosophy described above. All our education coaching programs combine the art, ethics, competencies and standards outlined by the ICF. We apply the knowledge and experience of the fields clients most often choose to evolve in, as individuals, as partners in a relationship and as members of teams or communities.

## Overview

# ICF Level 3 EcoSystem Master Coach

Your path to ICF MCC and active part in service of collaborative cohabitation on the Earth

EcoSystem Master Coach is ICF Level 3 accredited coaching education. It taught at ICF master coaching competency. The program includes all education required to apply for ICF MCC credential. The learning experience is grounded in previous comprehensive coaching education and practice. The program is intended for coaches who have ICF Professional Certified Coach credential (PCC).

ICF Level 3 EcoSystem Master Coach education process combines exploring the nuance of each ICF Core Coaching Competency at the master level; with a grounding in knowledge of 'self as a coach', a human being and a member of our planet. The program nourishes the coach's authenticity, vulnerability and transparency; enabling the cultivation of trust and safety in a coaching relationship.

The participants are invited to explore beyond an anthropocentric frame of thinking to a greater context of life and social impact. Participants are introduced to concepts such as holism, phenomenology and complexity of living systems. We support the client's journey in the context of the client's ecosystem. We provide our own methodology of EcoSystem Coaching application in the context of organisations.

The participants master how to stay truly present to hold a transformative space for the client in a partnering way. They practice the art of listening with reverence to become a learner of the client, the client's world and what is meaningful for the client. Through the client's lens they partner in evoking awareness and experience who the client truly is, their wholeness, resourcefulness and potential. They facilitate the client's growth by inviting the client to sense how they can apply their learning in a meaningful way into everyday life.

ICF Level 3 coaching listening becomes the participants second nature. That includes sensitivity in perception through multiple channels such as: feeling, sensing, intuiting awareness of shifts in the client's non-verbal expression, embodied experience, energy field, and ecosystem. Mastering those skills is supported by entraining with natural ecosystems and applying the learning to a partnering coaching conversation.

85 Contact Hours of ICF Level 3 Education (65 Synchronous / 20 Asynchronous Hours)

75 Hours in ICF Core Competencies at ICF MCC level / 10 Hours in Dialoguing with Earth

1. **Coaching Specific Training: 75 Contact Hours**, of which 65 in ICF Core Competencies:

🌱 4 Group Modules x 3 days x 5h every 6 - 9 weeks with an **ICF MCC Educator** and

2. **Mentor Coaching: 10 Contact Hours** with an **ICF MCC Mentor Coach**:

🌱 5 Hours in a group of maximum 10 participants (included in Module 4) and

🌱 5 Hours in one-to-one sessions with the MCC Mentor Coach (between group modules) scheduled flexibly with each participant, inclusive of:

🌱 3 One-to-one Observed Coaching sessions. Each participant audio-records 3 of their coaching sessions with their clients, upon which the ICF MCC Mentor Coach in one-to-one setting, provides an oral and written feedback on the 8 ICF Core Competencies according to the ICF MCC examination standards (BARS).

The graduate of EcoSystem Master Coach receives **ICF Level 3 Coaching Education Certificate**. The certificate entitles to apply for ICF MCC credential via ICF MCC Level 3 Path and via Portfolio Path. It provides the required 75 Hours in Level 3 Coaching Training and 10 Hours in Mentor Coaching with an ICF MCC Mentor Coach.

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# ICF Level 3 EcoSystem Master Coach and ICF MCC Accreditation Process

ICF Level 3 EcoSystem Master Coach consists of **all educational elements** required by the ICF to apply for the ICF MCC (Master Certified Coach **via MCC Level 3 Path**. Graduates of EcoSystem Master Coach receives ICF Accredited Level 3 Coaching Education Certificate.

## ICF Minimum Requirements for Master Certified Coach credential application via MCC Level 3 Path

### 1. EDUCATION

- ICF Level 3 EcoSystem Master Coach certificate

### 2. EXAMINATION CONDUCTED BY ICF

- ICF MCC Performance Evaluation Exam: audio recordings and verbatim transcripts of 2 coaching sessions
- ICF Credentialing Exam: test

### 3. COACHING EXPERIENCE

- Attestation and a 'Coaching Log' documenting 2500 hours of coaching practice (2250 of which need to be paid) with at least 35 different clients. The hours are counted from the start of your first comprehensive coach-specific training.

### 4. ICF PCC CREDENTIAL

#### ICF Level 3 EcoSystem Master Coach certificate confirms 85 Contact Hours:

- 75 hours of Coach Specific Training with an ICF MCC Educator. This and your previously completed 125+ hours of Coach Specific Training (as part of your ICF PCC accreditation) fulfils the ICF 200 hours training requirement for the MCC application.
- 10 hours of Mentor Coaching with an ICF MCC Mentor Coach, of which: 5 hours in 1-2-1 and 5 hours in a group of maximum of 10 participants. This way fulfils all ICF Mentor Coaching requirements to apply for the MCC Credential.

**More information about the ICF MCC credentialing process can be found by contacting us or on the ICF Website:** <https://coachingfederation.org/credentialing/icf-credentials-overview/mcc/>

# Schedule

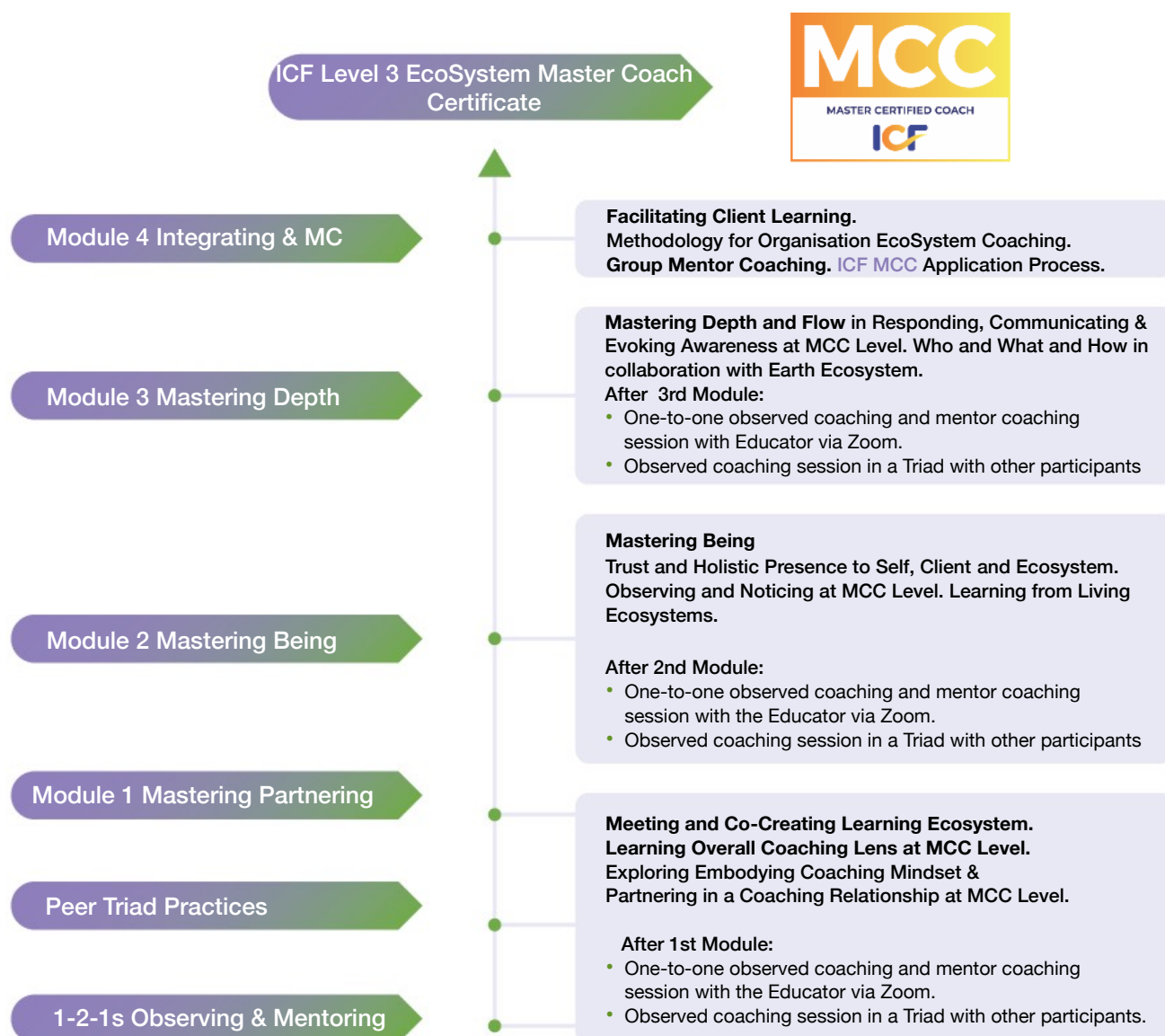
## ICF Level 3 EcoSystem Master Coach

### Dates of Group Learning

|                            |                       |                  |               |
|----------------------------|-----------------------|------------------|---------------|
| Module 1                   | 26 - 28 November 2025 | 3 days x 5 hours | 10:00 – 15.00 |
| Module 2                   | 21 - 23 January 2026  | 3 days x 5 hours | 10:00 – 15.00 |
| Module 3                   | 4 - 6 March 2026      | 3 days x 5 hours | 10:00 – 15.00 |
| Module 4 & Mentor Coaching | 22 - 24 April 2026    | 3 days x 5 hours | 10:00 – 15.00 |

Education Delivery Platform: Zoom

Time Zone: UK London



# Learning Dimensions

## Mastering ICF Coaching Competencies

## Learning from Living Ecosystems

### Learning Objectives

It is our intention to prepare each participant to successfully pass the ICF MCC examination and achieve the ICF MCC credential.

The body of knowledge for the ICF MCC examination consists of understanding and demonstrating 8 ICF Core Coaching Competencies, and Code of Ethics.

Each of 4 group modules in the EcoSystem Master Coach program focuses specifically on two or three ICF Core Coaching Competencies. During each module we explore the meaning, nuance, power and potential of the Competencies at ICF MCC Level. We experience the nuance of each Competency through entraining with living ecosystems and applying the learning to a 'human to human' coaching conversation. During Module 4 we share our own methodology of applying EcoSystem Coaching in an organisation context.

### Learning Process Dimensions in each group Module:

- **Exploring the Coaching Competency from ICF definition perspective:**
  1. Competency definition and its meaning at ICF MCC level
  2. Nuance and relation to other ICF Core Coaching Competencies
  3. The Competency Behaviourally Anchored Rating Scales (BARS) assessed during ICF MCC Accreditation Process.
- **Relating body of the Competency to other coaching concepts, models or methodologies**
- **Relating experience of the Competency to what we can observe in living ecosystems, and how that can inform demonstration of the Competency at the ICF MCC level.**
- **Coaching Demonstration**
- **Coaching Practice**
- **Debrief and Discussion**
- **Recommended Reading**

### Logistics:

- 4 Group Modules x 3 days x 5 Contact Hours (via Zoom)

#### **After each Module:**

- One-to-one Mentor and Observed Coaching Session with the ICF MCC Educator (via Zoom)
- Observed Coaching Session in a Triad with other 2 Participants (via Zoom)



# Your Educator and Program Author



**Lilith Joanna Flanagan**  
Founder of Evolution Coaching Academy

## COACH, TEACHER, MENTOR, SUPERVISOR

- Coach accredited by the ICF at the Master Certified Coach (MCC) level
- ICF Assessor in coach accreditation processes
- Vice President of the ICF Poland Chapter in 2009-2011
- South West UK ICF Chapter Leader in 2015-2018
- Thousands of hours of coaching practice: life and business; individual and team coaching, besides others in: schools, local communities, women communities, NGOs as well as IBM, Orange, Groupon, Coca-Cola, AVIVA, Innogy.
- Author and teacher of ICF accredited coaching education: Level 3 EcoSystem Master Coach, Level 2 Intuitive Coach and Level 1 The Birth of a Coach. 98% of the graduates who applied have received the ICF Accreditation.
- Over a hundred of her alumni and mentor coachees are currently holding ICF ACC or PCC or MCC ICF Credential.
- MSc Holistic Science at Schumacher College, UK (2015), MBA with Distinction (2000), MA Economics in Banking and Finance (1996), 12 years of classic music education in faculty of piano and rhythmic.
- Before her coaching journey, she experienced 10 years of managing business in multinational corporations: in ING, FUJITSU (formerly ICL). She used to lead several hundred, multi-layered human organisation structures in the areas of operations, sales, marketing, business strategy and key program management.
- In the last ten years Lilith has expanded her organisation awareness and skills in several holistic programs connecting the mind with the body with the heart as well as in coach training programs: CTI, ORSC, TeamCoachingInternational.

## VALUES AND PASSIONS

- Lilith enjoys living close to Nature, 29 years in a relationship with Patrick with two sons: Michael and Daniel.
- She appreciates impact of coaching on creating trust and reciprocal relations in society. Therefore, with a joy and passion she shares her knowledge and experience with ascending generations of coaches.
- She combines life in human society with being a member of the community of Nature and the planet Earth. Her ongoing curiosity centres around 3 questions: "Who are you?", "What are you here for?", "What is your path?"
- She envisages the world where humans respect other members of our planet and are willing to engage with them for collaborative cohabitation and coevolution.
- In her Holistic Science MSc dissertation, Lilith explored language of oscillations, entrainment and song in a participatory, meaningful interspecies communication. She observes parallels in all relationships between living beings self-organizing into a community.
- In 1-2-1 coaching Lilith specialises in Intuitive, Holistic and Environmental Coaching.
- She co-authored 'EcoBusiness Evolution Spiral' a partnership model of organisation evolution towards an environmentally sustainable business.
- Personal development workshops of her authorship combine body, mind and heart in Nature with coaching facilitation and artistic creation: music, intuitive dance, singing and drawing.



## Investment

# ICF Level 3 EcoSystem Master Coach

ICF Level 3 EcoSystem Master Coach Coaching Education is inclusive of:

1. **Coach Specific Training: 75 Contact Hours**, of which 65 in ICF Core Competencies (55 Synchronous) **with an ICF MCC Educator**:
  - 🌱 4 Group Modules x 3 days x 5h every 6 - 9 weeks and
2. **Mentor Coaching: 10 Contact Hours** (all 10 Synchronous) **with an ICF MCC Mentor Coach**:
  - 🌱 5 Hours Group Session in a group of maximum 10 participants and
  - 🌱 5 Hours in one-to-one Sessions scheduled flexibly, inclusive of:
    - 🌱 3 One-to-one Observed Coaching sessions with an ICF MCC Observer

All education is delivered via Zoom platform.

**£ 3190 Regular Price**

**£ 2990 Early Bird Price** for bookings made **by 30th of September 2025** accompanied by **£ 300 deposit**

Payment plan is available upon request.

The payments are refundable in case the organiser changes the group training dates. Otherwise are non-refundable.

**Questions** about the program or **booking your place**, please **contact Patrick at**:

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# Contact

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