

The Birth of a Coach

ICF LEVEL 1 COACHING EDUCATION

EVOLUTION COACHING ACADEMY

Leading to ICF ACC Associate Certified Coach Credential
Program Accredited by International Coach Federation



About Evolution Coaching Academy

Evolution Coaching Academy is a Coaching Education Provider accredited by International Coaching Federation (ICF). We offer coaching education programs for each level of ICF coach credential: **ICF Level 1** *The Birth of a Coach* for ACC, **ICF Level 2** *Intuitive Coach* for PCC, **ICF Level 3** *EcoSystem Master Coach* for MCC.

The programs offer comprehensive education, training and mentor coaching in ICF Core Coaching Competencies and Code of Ethics. The programs prepare the participants for conducting a trustworthy and grounded coaching practice, and for obtaining the internationally renowned ICF coach accreditation at **Associate Certified Coach** (ACC), **Professional Certified Coach** (PCC), and **Master Certified Coach** (MCC) levels.

This is a reference to the ICF Accredited Education Program Listing on the ICF website:

[ICF Education Search Service](#)

We adhere to the ICF Coaching Education Code of Conduct.

[ICF Coaching Education Code of Conduct](#)

Our Educators, Mentors, Supervisors and Examiners are practicing ICF credentialed coaches complying with the ICF Code of Ethics.

[ICF Code of Ethics](#)

We adhere to the ICF Coaching Education Code of Conduct. All Educators, Mentors, Supervisors and Assessors are practicing ICF Accredited Coaches complying to the ICF Code of Ethics.

Evolution Coaching Academy is grounded in a holistic philosophy of empowerment, collaboration and evolution of life. For us, individuals, relationships, teams and organisations are living organisms. We facilitate our client's journey towards feeling empowered, clearer about their purpose and direction, recognising that their experiences serve them as valuable learning through which they evolve in the spiral of life on our planet.

Our coach training, mentoring and supervising programs are intended for people with an open heart, who feel the calling of the coaching profession and who want to work with other people to support them in their growth and evolution.

We provide coaching services that adhere to ICF ethics and standards, in the areas of individual, relationship, team and organisation needs. We support organisations to apply those services in a valuable, ecological and sustainable way for themselves, their people, the environment and partners in their journey. Our services are delivered in one-to-one, relationships of two and group (3-100 participants) formats.

We complement our coaching expertise with holistic organisational management, leadership and sustainable collaboration competencies. We have created a number of our own development models that we share in our training programs, consultancy and mentor coaching.

Everything we provide is grounded in the philosophy described above. All our education coaching programs combine the art, ethics, competencies and standards outlined by the ICF. We apply the knowledge and experience of the fields clients most often choose to evolve in, as individuals, as partners in a relationship and as members of teams or communities.

The Birth of a Coach Level 1 Schedule

Dates of Group Learning:

1 Module	21 - 23 May 2026	3 days x 5 hours	10.00 – 15.00
2 Module	18 - 20 June 2026	3 days x 5 hours	10.00 – 15.00
3 Module	16 - 18 July 2026	3 days x 5 hours	10.00 – 15.00
4 Module	17 - 19 September 2026	3 days x 5 hours	10.00 – 15.00
Group Mentor Coaching:	15 - 16 October 2026	2 days x 3.5 hours	10.00 – 13.30

All group learning and individual sessions are delivered via Zoom Platform
Time Zone: UK (London)



ICF Level 1 The Birth of a Coach and ICF ACC Accreditation Process

ICF Level 1 The Birth of a Coach consists of **all educational elements** required by the ICF to apply for the ICF ACC (Associate Certified Coach) **via ACC Level 1 Path**. Graduates of The Birth of a Coach receive ICF Accredited Level 1 Coaching Education Certificate.

ICF Minimum Requirements for Associate Certified Coach credential application via ACC Level 1 Path:

1. EDUCATION

- ICF Level 1 The Birth of a Coach certificate

2. COACHING EXPERIENCE

- Attestation and a 'Coaching Log' documenting 100 hours of coaching practice (at least 75 of which need to be paid) with at least 8 different clients.

ICF Level 1 The Birth of a Coach Certificate 83 Contact Hours confirms:

- 72 hours in Coach Specific Training with an ICF Educator.
- 10 hours in Mentor Coaching with an ICF Mentor Coach, of which: 3 hours in one-to-one and 7 hours in a group of maximum of 10 participants. This way fulfils all ICF Mentor Coaching requirements for ACC application.
- ICF ACC Performance Evaluation (1 hour)

More information about the ICF ACC credentialing process can be found by contacting us or on the ICF Website: <https://coachingfederation.org/credentialing/icf-credentials-overview/acc/>

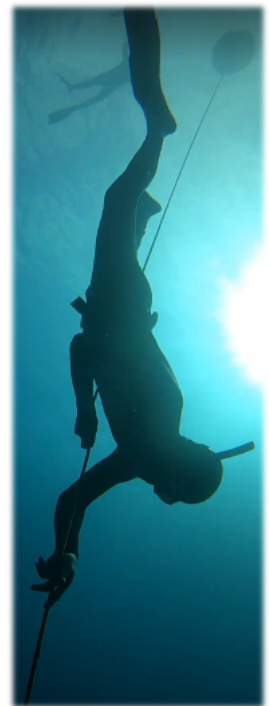
Program Leader and Educator



Matt Porter
Evolution Educator

COACH, TEACHER, MENTOR, SUPERVISOR

- Coach accredited by the ICF at the Professional Certified Coach (PCC) level
- ICF Trained in assessing at ACC and PCC Level
- South West UK ICF Chapter Leader (2018-2020)
- StrengthScope Master Practitioner, including 360, Teams & Leadership Certification
- 4,000+ hours coaching leaders and founders in UK, EU, US and rest of world at organisations including Amazon, Google, Amex, Lego, Volvo, Warner Media etc
- BetterUp Distinguished Fellow Coach with Conscious Business Certification
- CoachHub Executive Coach & Ambassador, Mavericks Unlimited Executive Coach & Trainer
- Founder of Matthew Porter Coaching Limited, which has served 100+ founders, professionals, teachers and coaches seeking to find balance, explore purpose, optimise performance or refine commercial strategy
- Matt brings a warmth and a wealth of experience to his work having run a portfolio of businesses in his 20's and 30's, and subsequently held senior corporate leadership roles at AstraZeneca and Oxford Innovation in his early 40's, before embarking upon and creating a coaching career and practice from 2015 onwards – to be the coach he wished he had when he was younger. He provides coaching in Communities, Schools, Universities, Charities, Housing Associations and adding to companies also include Uber, European Space Agency, Nike, Mars, Dell, BBC, NHS
- Matt is the published creator and author of the Balanced Horizon Canvas coaching methodology and a contributing author to the Activate Your Life series of books.



VALUES AND PASSIONS

- Living close to the natural surroundings of wild moorland and coastal waters, Matt is the loving husband to Kate, and together they have raised their 5 wonderful children who have brought a rich neurodiversity to family life
- Matt is inspired and at peace in nature, wherever there is a distant horizon - whether that is out wild camping and hiking, free-diving and snorkelling, or out on the sea in his beloved sailing boat as an RYA Yacht Master
- Matt camps and sails all year round and embraces with equal measure the tranquility and adversity the seasons bring, both ashore and afloat
- Matt is passionate about helping people discover and harness their own authentic power to design what they truly wish in this wonderful world and to show up as the loving next best version of themselves.

ICF Level 1 The Birth of a Coach

Overview

ICF Level 1 The Birth of a Coach is intended for people with an open heart, who wish to support others in their evolution with coaching competencies. We welcome a breadth of people who plan to conduct an independent coaching practice or become an organisation's internal coach, or complement their professional career (for example in a leadership role), and who seek to obtain International Coaching ICF credential.

During the program participants develop a credible foundation to begin a coaching practice in a grounded way. The program is ICF Level 1 Accredited and provides all formal elements of education required by the ICF to prepare the participant for the ICF coach credential at Associate Certified Coach (ACC) level.

The curriculum includes the transfer of knowledge, development of practical skills in accordance with the 8 Core Coaching Competencies defined by the ICF, as well as creating the approach, orientation and values, which are the qualities of a professional coach and are aligned with the ICF Code of Ethics.

Our learning philosophy supports the deepening and integrating of the competencies developed during one module throughout the subsequent modules. The participant practices their coaching skills from the very beginning, drawing from the foundation of acquired knowledge and skills with the support of the Educators's observation and comprehensive feedback. We follow a model of 20% theory and 80% practice, exercises, tools, demos, observation and feedback.

During each group module we apply four dimensions of learning:

1. Context of coaching: transfer of knowledge, theory, introduction
2. Development of 8 ICF Core Coaching Competences in Practice
3. Understanding and grounding elements of Coaching Process
4. Coach's Personal Development

83 Contact Hours of ICF Level 1 Education (70 Synchronous / 13 Asynchronous Hours) in ICF Core Competencies consist of:

1. Coaching Specific Training: 72 Contact Hours in (60 Synchronous/12 Asynchronous)

- 🌱 4 Group Modules x 3 days x 5 hours every 4 - 6 weeks with an **ICF Educator via Zoom**
- 🌱 Live and in-person, real-time interaction with the Educator and other participants group training.

2. Mentor Coaching: 10 Contact Hours with ICF Mentor Coach via Zoom:

- 🌱 7 Hours in a group of maximum 10 participants (Module 5) and
- 🌱 3 Hours in one-to-one sessions with the MCC Mentor Coach (between group modules) scheduled flexibly with each participant, inclusive of:
 - 🌱 3 One-to-one Observed Coaching sessions. Each participant audio-records 3 of their coaching sessions with their clients, upon which the ICF Mentor Coach in one-to-one setting, provides oral and written feedback on the 8 ICF Core Competencies according to the ICF ACC examination standards (BARS).

3. ICF ACC Performance Evaluation: 1 Contact Hour

- 🌱 Evolution Coaching Academy is authorised by the ICF to conduct ICF ACC Performance Evaluation. The evaluation is conducted remotely. The participant will be invited to take it once they have completed the Training and Mentor Coaching.

The graduate receives an **ICF Level 1 Coaching Education Certificate**. The certificate confirms eligibility to apply for **ICF ACC credential via ICF ACC Level 1 Path**. It confirms completion of the required 72 Hours in Level 1 Coaching Training and 10 Hours in Mentor Coaching and successful passing of ICF ACC Performance Evaluation.

COACHING ESSENCE

1st Module of ICF Level 1 The Birth of a Coach

THE ESSENCE OF COACHING - understanding the meaning, power and potential of this type of facilitation in the development of every human being.

There is a desire for excellence in many of us. Change does not always come easily. With the coaching tools, one can go through the process of change in harmony with self, effectively and successfully. In this module, each participant will have the opportunity to learn and practise the essential knowledge, skills and approach grounded in coaching fundamentals, the ICF Code of Ethics and the 8 Core Coaching Competencies.

Content of this Module:

- Context of coaching - transfer of knowledge, theory, introduction:
 1. What is coaching and what is not?
 2. Getting acquainted with the ICF Code of Ethics and deciding whether to follow it or not.
- Developing 8 ICF Core Coaching Competencies:

Introduction of the first, fundamental coaching competencies:

 1. Creating trust, intention, genuine care
 2. Coaching presence, curiosity, listening
 3. Creating the coaching agreement: goal, scope, measures of success and the role of the coach in the process.
- Understanding and deepening elements of the Coaching Process:
 1. Structure of a one-to-one coaching session.
- Coach's Personal Development:
 1. Being here and now
 2. What is the purpose of learning the coaching competencies?

Logistics:

- 3 days x 5 hours of live, experiential group training via Zoom

After Module 1:

- 1st One-to one Mentor Coaching session with the Educator via Zoom, including Observation and Feedback on the Participant's audio-recorded coaching session with their client.
- Practicing coaching in a triad with other participants



CLIENT THE LEADER

2nd Module of ICF Level 1 The Birth of a Coach

CLIENT THE LEADER – empowerment: the client learns to access and apply their intuition, heart, wisdom and power.

Our approach assumes that everyone is a leader of their life and has access to everything they need in achieving their true intentions. It is also the foundation of coaching as defined by the ICF. What we are experiencing is the result of our creation and our choices. During many years of coaching practice, we facilitated the broadening of our client's understanding of what they truly intend and desire, and the application of their true excellence in forwarding that awareness into active engagement with life. This would not be possible if we had not approached the client holistically, as a coherent whole. For us, each client is a self-differentiating being (body, mind and soul), operating in a particular environment, with a range of relationships that they create with their intentions, talents, values, habits and needs. That is why we pay attention to the client's system of beliefs and views, habits of thinking and acting, system of values, sense of identity and true intentions. Such an approach is an underlying foundation of teaching coaching competencies in the 2nd Module of The Birth of a Coach.

This Module is an opening and exploration of the client's awareness. It broadens understanding of the meaning of coaching within the context of the client's empowerment: understanding of self, trusting self and taking responsibility for own actions and life. It is also a journey of discovery and development of the coach's personal potential in order to become an authentic partner for their clients in their outward leadership, grounded inwards.

Content of this Module:

- Context of coaching - the transfer of knowledge, theory, introduction:
 1. The client - the expert, leader and architect of their abundant life
 2. A holistic being in an alignment
 3. Evolution of the client as a whole in the coaching process.
- Developing 8 ICF Core Coaching Competences:

Opening and exploration of the client's awareness; their true intentions, needs and desires, talents, uniqueness, experience, learning, perceptions, available opportunities and preferred solutions.

 1. Developing the client's access to intuition
 2. Trusting the client, openness to the client's world, their otherness, their intentions, goals and choices
 3. Deep listening: multilevel, active and caring
 4. Powerful questioning reaching the heart and reason, unfolding the essence and truth relevant for the client
 5. Honouring and empowering the client.
- Understanding and deepening elements of the Coaching Process:
 1. Phases of the client's development in the coaching process.
- Coach's Personal Development:
 1. Honesty with self and self-acceptance
 2. My identity as a coach.

Logistics:

- 3 days x 5 hours of live, experiential group training via Zoom

After Module 2:

- 2nd One-to one Mentor Coaching session with the Educator via Zoom, including Observation and Feedback on the Participant's audio-recorded coaching session with their client.
- Practicing coaching in a triad with other participants



CLIENT IN A RELATIONSHIP

3rd Module of ICF Level 1 The Birth of a Coach

CLIENT IN A RELATIONSHIP – client develops their relationships on a foundation of partnership, trust and sustainable values

Engaging in relationships is an indispensable need for most of us, an important part of our lives, a source of joy and fulfilment.

It is also a competence, a practical skill that allows us to function in our family, work, community, society and planet life. By engaging in relationships, we often subconsciously meet our fundamental needs and self-realise professionally and in life as a whole, we give and receive, support and help others, are supported and helped.

Relationships are often an important area for clients who intend to enhance their life at work, their personal lives and as members of our planet. Therefore, in this module we will explore creating relationships and the challenges related to being in relationship in a sustainable way. We will share our approach to a partnership and encourage the participants to create their own.

Coaching in the area of the client's relationships is intended to transform the experience of crisis into an opportunity to learn and evolve, where the client accesses their inner self, intuition and wisdom and perceives their capabilities and sphere of influence, and a way to dialogue.

This module will also focus on summarising the coaching session, grounding the client's awareness and forwarding the client's learning to their everyday life.

Content of this Module:

- Context of coaching - transfer of knowledge, theory, introduction:
 1. Exploring the meaning of a relationship
 2. Perspectives, roles, and signals in a relationship
 3. Introducing system coaching fundamentals
 4. Introducing environmental coaching.
- Developing 8 ICF Core Coaching Competences:
 - Coaching tools supporting the client in their relationships
 - Forwarding the client's learning during the coaching session to their evolution in every day life:
 1. Summarising the session - collecting fruits: learning, application, and the client's commitment to self
 2. Designing actions that support the client's sustainable evolution and progress towards their intention and goal.
- Understanding and deepening elements of the Coaching Process:
 1. Exploring the system in which the client operates and its impact on the client's transformation process.
- Coach's Personal Development:
 1. Courage to be one's authentic self in relationship with a coaching client.



Logistics:

- 3 days x 5 hours of live, experiential group training via Zoom

After Module 3:

- 3rd One-to one Mentor Coaching session with the Educator via Zoom, including Observation and Feedback on the Participant's audio-recorded coaching session with their client.
- Practicing coaching in a triad with other participants

CLIENT IN A TEAM

4th Module of ICF Level 1 The Birth of a Coach

CLIENT IN A TEAM, meaning a client's development in the system in which they operate as well as the development of a client that is a system. The intention is for a sustainable, self-organising team, that combines the synergy of collaboration with a sense of fulfilment, empowerment and joy.

When the scope of the coaching is a client in their professional environment, family or other community, it may occur that the coaching client is the system in which our client operates. It is worth being able to notice the difference and to be able to apply the coaching skills with the client in relation to the system as well as in terms of the client being the system itself.

The CLIENT IN A TEAM Module is an introduction to team coaching, where the system is the client. The actions of a coach are directed to facilitate the team revealing to itself, unfolding and applying the team potential, creating awareness, collaboration and synergy whilst progressing towards achieving its goals in a sustainable and ecological way.

Participants are also introduced to a model of systematic and strategic support for a organisation in its evolution towards becoming an eco-organisation, utilising coaching tools.

The differences between life and business coaching will be explored as well as the differences in contracting coaching with participation of a Sponsor in addition to the Client and the Coach.

Content of this Module:

- Context of coaching - the transfer of knowledge, theory, introduction:
 1. System coaching: the client in a system, the system as a client
 2. From a group to a team
 3. Complexity of living systems - an environmental coaching perspective.
- Developing 8 ICF Core Coaching Competences:
 1. Coach shares their observation: summarises, reflects, paraphrases, shares their intuition
 2. Coach explores the client's learning style and adapts the way of conducting the session accordingly
 3. Introducing the ICF Team Coaching Competencies.
- Understanding and deepening elements of the Coaching Process:
 1. Model of the organisation's evolution towards becoming an eco-business with coaching tools
 2. Contracting coaching with the participation of a Sponsor
 3. What is the difference between life and business coaching?
- Coach's Personal Development:
 1. Listening to and following intuition during a coaching session.



Logistics:

- 3 days x 5 hours of live, experiential group training via Zoom

After Module 4:

- Group Mentor Coaching - Module 5 via Zoom

Group MENTOR COACHING

5th Module of ICF Level 1 The Birth of a Coach

10 hours of Mentor Coaching is required by the ICF for the ACC credential and is included in ICF Level 1 The Birth of a Coach for each participant. It consists of:

- **3 hours in One-to-one process with the Mentor Coach and**
- **7 hours in a group of maximum 10 participants.**

All Evolution Coaching Academy Educators are ICF Registered Mentor Coaches.

3 Hours Mentor Coaching in a One-to-One Format

Each participant begins their Mentor Coaching in One-to-One with the Educator after Module 1. The 2nd session takes place after Module 2, the 3rd one - after Module 3.

During the 3 individual sessions, the Educator and Participant listen to a participant's audio-recorded coaching session with their client. The Educator provides verbal and written feedback in line with ICF ACC Performance Evaluation criteria (BARS).

The process supports the participant to calibrate their coaching skills to pass the ICF ACC Performance Evaluation - required for the ICF ACC Credential.

7 Hours Group Mentor Coaching - Module 5

The purpose of this Module is to integrate the learning and skills developed during the training. The focus is on ICF Code of Ethics and 8 Core Coaching Competencies at the ACC level. The Module serves as fine-tuning in preparation to:

- **ICF ACC Exam** - knowledge test conducted directly by the ICF
- **ICF ACC Performance Evaluation** - competencies demonstration evaluation conducted by Evolution Coaching Academy.

During Mentor Coaching the Participant:

- Grounds their knowledge of ICF Code of Ethics, and 8 Core Coaching Competencies - the ICF body of knowledge evaluated in ACC Exam and credentialing process.
- Calibrates their ability to demonstrate coaching competencies in reference to the ICF standard at the ACC level (BARS), evaluated during ACC Performance Evaluation.
- Co-shapes the focus and form of their Mentor Coaching process.

Logistics:

- 2 days x 3,5 hours of live, experiential group Mentor Coaching via Zoom

After Group Mentor Coaching - Module 5:

- ICF ACC Performance Evaluation conducted remotely by Evolution Coaching Academy



Testimonials



Sarah, ICF Level 1 The Birth of a Coach Participant:

"It is an exceptional coaching course that has equipped me with the advanced strategies and reflective tools necessary to unlock potential and drive significant, measurable progress in others. The privilege of being able to competently coach people has given me great professional satisfaction and the invaluable opportunity to witness transformative growth in others."

Joan, ICF Level 1 The Birth of a Coach Participant:

"Participation in The Birth of a Coach program with Evolution Coaching Academy was the best gift I could give myself. The program is well thought out and the study materials are a veritable treasure trove of useful information and coaching methods, but at the end of the day it's Matt's warm personality and his ability to create a positive learning environment that make the Birth of a Coach such a success. The study sessions were invariably the highlight of my week for the program's duration. A truly rewarding journey!"

Natalia, ICF Level 1 The Birth of a Coach Participant:

"It was a wonderful experience being on a journey for Level 1 program with Evolution Coaching Academy. The first moment I saw the program content, I knew that was it! You learn to work in a holistic approach and mastering all coaching completeness, the solid foundation to get ICF credentials. Matt is an incredible coach, will be glad to cooperate in future. I am looking forward to start my journey to the Level 2 with Evolution Coaching Academy in couple of month!"

Elsa, ICF Level 1 The Birth of a Coach Participant:

"I had a pleasure to be coached by Matt as part of the programme I undertook to improve my coaching skills and get ICF accreditation at Evolution Coaching Academy. Matt was a dream to work with. He was professional, kind, attentive, thoughtful, funny and offered NOT ONLY extensive expertise but also plenty of helpful and practical tips on how to improve during personal one to one sessions. I wholeheartedly recommend Matt to anyone who is considering learning and improving their coaching skills."

Tim Elliott, ICF Level 1 The Birth of a Coach Participant:

"I feel very grateful indeed to Lilith and Meredith for so expertly guiding us through the Birth of a Coach training, on my way to ICF accreditation. There were so many really profound 'ah ha' moments throughout the different modules, helping me grow from a consultant who wanted to fix and instruct people, to an intuitive coach trusting the client already knows what is best for their highest good, and trusting in my guidance to allow for those powerful questions to arrive at the right time and place to guide the journey of the client. Lilith provides a wonderful balance of calm soothing tones and authoritative guidance, which helped me so much as a trainee. Learning all the ICF competences to act as a supporting framework is complemented very much by the spontaneous coaching approach, and being encouraged to tune into the energy of the client, as an individual, couple in a relationship or a whole team. The training is all set within the context of ecological consciousness and how these beautiful skills of communication can be utilised in serving the mission to create harmony between the planet and the humans that are part of it. I would wholeheartedly recommend this coaching training for anyone who is interested in working with people, has ethical values and a desire to do some good in the world. Thank you Lilith and Meredith!"

Program Author and Director of Education



Lilith Joanna Flanagan

Founder of Evolution Coaching Academy

COACH, AUTHOR, TEACHER, MENTOR, SUPERVISOR

- Coach accredited by the ICF at the Master Certified Coach (MCC) level
- ICF Assessor in the PCC and ACC coach accreditation processes
- Vice President of the ICF Poland Chapter in 2009-2011
- South West UK ICF Chapter Leader in 2015-2018
- Thousands of hours of coaching practice: life and business; individual and team coaching, besides others in: schools, local communities, women communities, NGOs as well as IBM, Orange, Groupon, Coca-Cola, AVIVA, Innogy
- Author and teacher of coaching education programs accredited by the ICF: Level 1 *The Birth of a Coach*, Level 2 *Intuitive Coach*, and ICF Level 3 *Ecosystem Master Coach*. 99% of the graduates who applied have received the ICF Credential.
- MSc Holistic Science at Schumacher College, UK (2015), MBA with Distinction (2000), MA Economics in Banking and Finance (1996), 12 years of classic music education in faculty of piano and rhythmic
- Before her coaching journey, she experienced 10 years of managing business in multinational corporations: ING and FUJISTU (formerly ICL). She used to lead several hundred, multi-layered human organisation structures in the areas of operations, sales, marketing, business strategy and key program management.

VALUES AND PASSIONS

- Lilith enjoys living close to Nature, 30 years in a relationship with Patrick with two sons: Michael and Daniel
- She appreciates impact of coaching on creating trust and reciprocal relations in society. Therefore, with a joy and passion she shares her knowledge and experience with ascending generations of coaches
- She combines life in human society with being a member of the community of Nature and the planet Earth. Her ongoing curiosity centres around 3 questions: "Who are you?", "What are you here for?", "What is your path?"
- She envisages the world where humans respect other members of our planet and are willing to engage with them for collaborative cohabitation and coevolution
- In her Holistic Science MSc dissertation, Lilith explores language of oscillations, entrainment and song in a participatory, meaningful interspecies communication. She observes parallels in all relationships between living beings self-organizing into a community
- In one-to-one coaching Lilith specialises in Intuitive, Holistic and Environmental Coaching
- She co-authored 'EcoBusiness Evolution Spiral' a partnership model of organisation evolution towards an environmentally sustainable business
- Personal development workshops of her authorship combine body, mind and heart in Nature with coaching facilitation and artistic creation: music, intuitive dance, singing and drawing



Investment

ICF Level 1 The Birth of a Coach

ICF Level 1 The Birth of a Coach Accredited Education is inclusive of:

1. **Coaching Specific Training: 72 Contact Hours, of which 60 Synchronous:**
 - 🌿 4 Group Modules x 3 days x 5h every 4 - 6 weeks and
2. **Mentor Coaching: 10 Contact Hours Synchronous**, with ICF Mentor Coach
 - 🌿 7 Hours a group of maximum 10 participants and
 - 🌿 3 Hours in one-to-one sessions scheduled flexibly, inclusive of:
 - 🌿 3 Participant's coaching sessions observation & feedback
3. **ICF ACC Performance Evaluation** performed by Evolution Coaching Academy

All education is delivered via Zoom platform.

£ 2,990 Regular Price

£ 2,790 Early Bird Price for bookings made **by 31st of March 2026** accompanied by **£ 300 deposit**

- VAT is added only for VAT registered entities in the UK. Individuals that are not registered for VAT will not be charged additional taxes.
- Payment plan is available upon request.

Payments are refundable if the organiser changes the group training dates. Otherwise, payments are non-refundable.

Book your place or learn more by contacting Patrick:

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