



EcoSystem Master Coach

LEVEL 3 COACHING EDUCATION

EVOLUTION COACHING ACADEMY

Leading to ICF MCC Master Certified Coach Credential



2025 DETAILED PROGRAM PRESENTATION

About Evolution Coaching Academy

Evolution Coaching Academy is an ICF Accredited Coaching Education Provider. We offer comprehensive coach education programs for each level of ICF coach accreditation: Level 1 for ACC, Level 2 for PCC, Level 3 for MCC.

The programs offer comprehensive education, training and mentor coaching in the Core Coaching Competences and Code of Ethics as defined by the ICF. The programs prepare the participants for conducting a trustworthy and grounded coaching practice, and for obtaining the ICF internationally renowned coach accreditation at Associate Certified Coach (ACC), Professional Certified Coach (PCC), and Master Certified Coach (MCC) levels.

This is a reference to the ICF Accredited Education Program Listing on the ICF website:

[ICF Education Search Service](#)

We adhere to the ICF's Program Accreditation Code of Conduct.

[ICF Program Accreditation Code of Conduct](#)

Our Instructors, Mentors, Supervisors and Examiners are practicing ICF credentialed coaches complying with the ICF Code of Ethics.

[ICF Code of Ethics](#)

We adhere to the ICF's Program Accreditation Code of Conduct. Our Instructors, Mentors, Supervisors and Examiners are practicing ICF Accredited Coaches complying to the ICF Code of Ethics.

Evolution Coaching Academy is grounded in a holistic philosophy of empowerment, collaboration and evolution of life. For us, individuals, relationships, teams and organisations are living organisms. We facilitate our client's journey towards feeling empowered, clearer about their purpose and direction, recognising that their experiences serve them as valuable learning through which they evolve in the spiral of life on our planet.

Our coach training, mentoring and supervising programs are intended for people with an open heart, who feel the calling of the coaching profession and who want to work with other people to support them in their growth and evolution.

We provide coaching services that adhere to ICF ethics and standards, in the areas of individual, relationship, team and organisation needs. We support organisations to apply those services in a valuable, ecological and sustainable way for themselves, their people, the environment and partners in their journey. Our services are delivered in one-to-one, relationships of two and group (3-100) formats.

We complement our coaching expertise with holistic organisation management, leadership and sustainable collaboration competencies. We have created a number of our own development models that we share in our training programs, consultancy and mentor coaching.

Everything we provide is grounded in the philosophy described above. All our education coaching programs combine the art, ethics, competencies and standards outlined by the ICF. We apply the knowledge and experience of the fields clients most often choose to evolve in, as individuals, as partners in a relationship and as members of teams or communities.

Overview

EcoSystem Master Coach LEVEL 3

Your path to ICF MCC and active part in service of collaborative cohabitation on the Earth

EcoSystem Master Coach is taught at ICF 'master coaching competency' Level 3. The program includes all education required to apply for ICF MCC credential. The learning experience is grounded in previous comprehensive coaching education and practice. The program is intended for coaches who have ICF Professional Certified Coach credential (PCC) or have applied for it before beginning this program.

EcoSystem Master Coach education process combines exploring the nuance of each ICF Core Coaching Competency at the master level; with a grounding in knowledge of 'self as a coach' and a human being. The program nourishes the coach's authenticity, vulnerability and transparency; enabling the cultivation of trust and safety in a coaching relationship.

The participants are invited to explore beyond an anthropocentric frame of thinking to a greater context of life and social impact. Participants are introduced to concepts such as holism, phenomenology and complexity of living systems. We support the client's journey in the context of the client's ecosystem. We provide our own methodology of EcoSystem Coaching application in the context of organisations.

The participants master how to stay truly present to hold a transformative space for the client in a partnering way. They practice the art of listening with reverence to become a learner of the client, the client's world and what is meaningful for the client. Through the client's lens they partner in evoking awareness and experience who the client truly is, their wholeness, resourcefulness and potential. They facilitate the client's growth by inviting the client to sense how they can apply their learning in a meaningful way into everyday life.

Level 3 coaching listening becomes the participants second nature. That includes sensitivity in perception through multiple channels such as: feeling, sensing, intuiting awareness of shifts in the client's non-verbal expression, embodied experience, energy field, and ecosystem. Mastering those skills is supported by entraining with natural ecosystems and applying the learning to a partnering coaching conversation.

85 Contact Hours of Training and Mentor Coaching at ICF MCC level

1. **Coach Specific Training: 75 Contact Hours**, of which 65 in ICF Core Competencies (55 Synchronous):

🌱 4 Group Modules 3 x 2 or 3 days x 5h every 6 - 9 weeks with an **ICF MCC Educator** and

2. **Mentor Coaching: 10 Contact Hours** (all 10 Synchronous) with an **ICF MCC Mentor Coach**:

🌱 5 Hours Group Session in a group of maximum 10 participants and

🌱 5 Hours in one-to-one Sessions scheduled flexibly, inclusive of:

🌱 3 One-to-one Observed Coaching sessions with an ICF MCC Observer. Each participant can audio-record 3 of their coaching sessions with their clients, upon which the ICF MCC Educator in one-to-one setting, provides an oral and written feedback on the 8 ICF Core Competencies according to the ICF MCC examination standards.

🌱 Self Learning Assignments and Practice in Triads with other participants between group modules count as additional **20 Asynchronous Contact Hours in ICF Core Competencies**.

The graduate of EcoSystem Master Coach receives the Evolution Coaching Academy Level 3 Coaching Education Certificate. The certificate entitles the graduate to apply for ICF MCC credential, through providing the required 75 Contact Hours in Coach Training and 10 in Mentor Coaching with ICF MCC Educator.

EcoSystem Master Coach LEVEL 3 and ICF MCC Accreditation Process

EcoSystem Master Coach Level 3 consists of all educational elements required by the ICF to apply for ICF MCC (Master Certified Coach). Graduates of EcoSystem Master Coach receive Level 3 Coaching Education Certificate.

ICF Minimum Requirements for Master Certified Coach credential application:

1. EDUCATION

- 200 hours of Coach Specific Training

EcoSystem Master Coach Level 3 certificate will confirm 75 hours of Coach Specific Training with an ICF MCC Educator. This together with your previously completed 125 hours of Coach Specific Training as part of your ICF PCC accreditation will fulfil the ICF training requirement for MCC application.

- 10 hours of Mentor Coaching with an ICF MCC Mentor Coach, of which:
 - minimum 3 hours in 1-2-1, and maximum 7 hours in a group of maximum 10 participants.

EcoSystem Master Coach Level 3 certificate will confirm 10 hours of Mentor Coaching with an ICF MCC Mentor Coach, of which:

- 5 hours in 1-2-1 and 5 hours in a group of maximum of 10 participants.

This way the graduate of EcoSystem Master Coach fulfils all the ICF education requirements to apply for the MCC Credential.

2. EXAMINATION CONDUCTED BY ICF

- ICF MCC Performance Evaluation Exam: audio recordings and verbatim transcripts of 2 coaching sessions
- ICF Credentialing Exam: test

3. COACHING EXPERIENCE

- Attestation and a 'Coaching Log' documenting 2500 hours of coaching practice (2250 of which need to be paid) with at least 35 different clients. The hours are counted from the start of your first comprehensive coach-specific training.

More information about the ICF MCC credentialing process can be found by contacting us or on the ICF Website: <https://coachingfederation.org/credentialing/icf-credentials-overview/mcc/>

Schedule

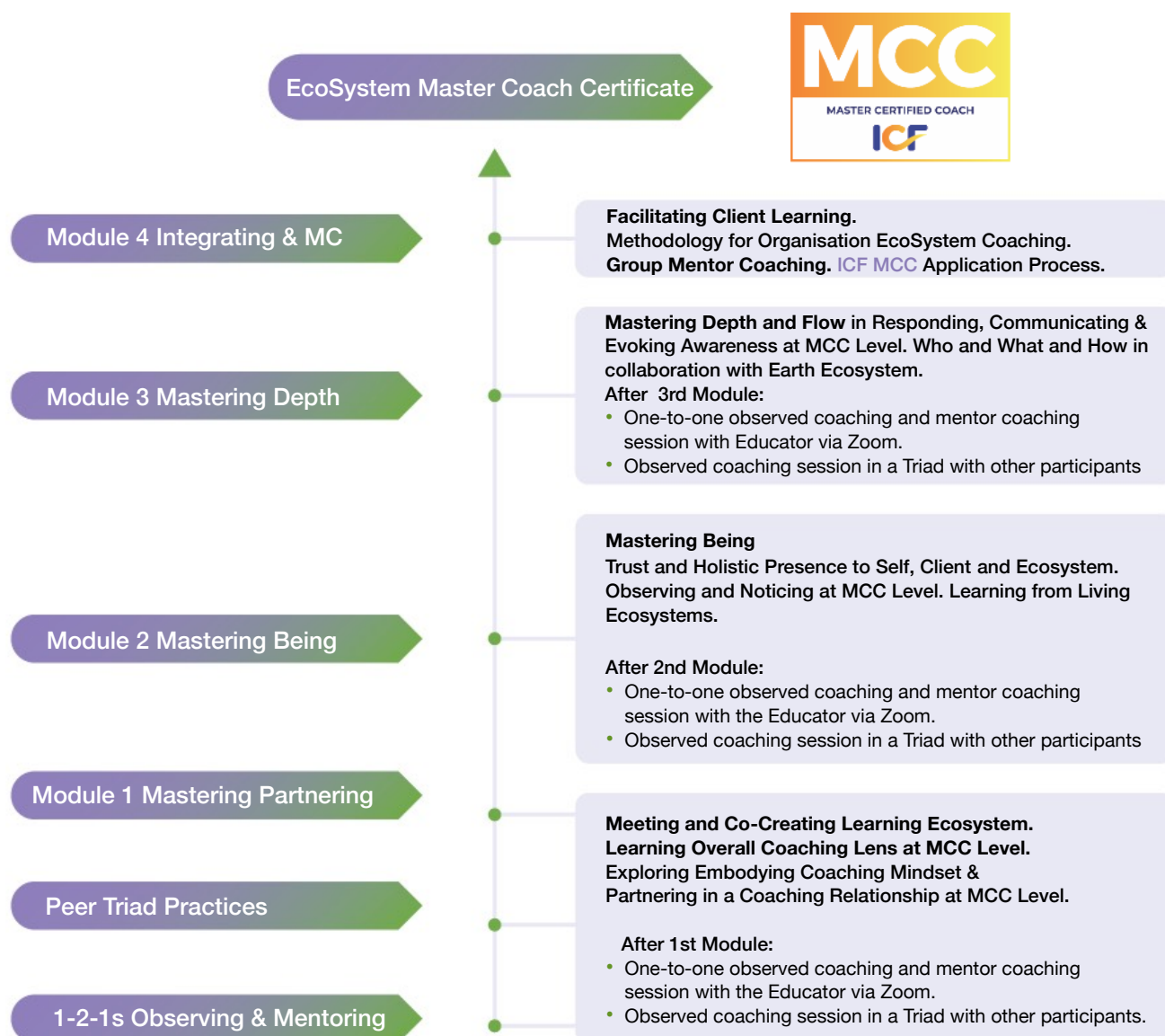
EcoSystem Master Coach LEVEL 3

Dates of Group Learning

Module 1	26 - 28 November 2025	3 days x 5 hours	10:00 – 15.00
Module 2	21 - 23 January 2026	3 days x 5 hours	10:00 – 15.00
Module 3	4 - 6 March 2026	3 days x 5 hours	10:00 – 15.00
Module 4 & Mentor Coaching	22 - 24 April 2026	3 days x 5 hours	10:00 – 15.00

Education Delivery Platform: Zoom

Time Zone: UK London



Learning Dimensions

Mastering ICF Coaching Competencies

Learning from Living Ecosystems

Learning Objectives

It is our intention to prepare each participant to successfully pass the ICF MCC examination and achieve the ICF MCC credential.

The body of knowledge for the ICF MCC examination consists of understanding and demonstrating 8 ICF Core Coaching Competencies, and Code of Ethics.

Each of 4 group modules in the EcoSystem Master Coach program focuses specifically on two or three ICF Core Coaching Competencies. During each module we explore the meaning, nuance, power and potential of the Competencies at ICF MCC Level. We experience the nuance of each Competency through entraining with living ecosystems and applying the learning to a 'human to human' coaching conversation. During Module 4 we share our own methodology of applying EcoSystem Coaching in an organisation context.

Learning Process Dimensions in each group Module:

- **Exploring the Coaching Competency from ICF definition perspective:**
 1. Competency definition and its meaning at ICF MCC level
 2. Nuance and relation to other ICF Core Coaching Competencies
 3. The Competency Behaviourally Anchored Rating Scales (BARS) assessed during ICF MCC Accreditation Process.
- **Relating body of the Competency to other coaching concepts, models or methodologies**
- **Relating experience of the Competency to what we can observe in living ecosystems, and how that can inform demonstration of the Competency at the ICF MCC level.**
- **Coaching Demonstration**
- **Coaching Practice**
- **Debrief and Discussion**
- **Recommended Reading**

Logistics:

- 4 Group Modules x 3 days x 5 Contact Hours (via Zoom)

After each Module:

- One-to-one Mentor and Observed Coaching Session with the ICF MCC Educator (via Zoom)
- Observed Coaching Session in a Triad with other 2 Participants (via Zoom)



Your Educator and Program Author



Lilith Joanna Flanagan
Founder of Evolution Coaching Academy

COACH, TEACHER, MENTOR, SUPERVISOR

- Coach accredited by the ICF at the Master Certified Coach (MCC) level
- ICF Assessor in coach accreditation processes
- Vice President of the ICF Poland Chapter in 2009-2011
- South West UK ICF Chapter Leader in 2015-2018
- Thousands of hours of coaching practice: life and business; individual and team coaching, besides others in: schools, local communities, women communities, NGOs as well as IBM, Orange, Groupon, Coca-Cola, AVIVA, Innogy.
- Author and teacher of EcoSystem Master Coach Level 3, as well as of Intuitive Coach and The Birth of a Coach accredited by the ICF Level 1 and Level 2 Coaching Education. 98% of the graduates who applied have received the ICF Accreditation.
- Over a hundred of her alumni and mentor coachees are currently holding ICF ACC or PCC or MCC ICF Credential.
- MSc Holistic Science at Schumacher College, UK (2015), MBA with Distinction (2000), MA Economics in Banking and Finance (1996), 12 years of classic music education in faculty of piano and rhythmic.
- Before her coaching journey, she experienced 10 years of managing business in multinational corporations: in ING, FUJISTU (formerly ICL). She used to lead several hundred, multi-layered human organisation structures in the areas of operations, sales, marketing, business strategy and key program management.
- In the last ten years Lilith has expanded her organisation awareness and skills in several holistic programs connecting the mind with the body with the heart as well as in coach training programs: CTI, ORSC, TeamCoachingInternational.

VALUES AND PASSIONS

- Lilith enjoys living close to Nature, 29 years in a relationship with Patrick with two sons: Michael and Daniel.
- She appreciates impact of coaching on creating trust and reciprocal relations in society. Therefore, with a joy and passion she shares her knowledge and experience with ascending generations of coaches.
- She combines life in human society with being a member of the community of Nature and the planet Earth. Her ongoing curiosity centres around 3 questions: "Who are you?", "What are you here for?", "What is your path?"
- She envisages the world where humans respect other members of our planet and are willing to engage with them for collaborative cohabitation and coevolution.
- In her Holistic Science MSc dissertation, Lilith explored language of oscillations, entrainment and song in a participatory, meaningful interspecies communication. She observes parallels in all relationships between living beings self-organizing into a community.
- In 1-2-1 coaching Lilith specialises in Intuitive, Holistic and Environmental Coaching.
- She co-authored 'EcoBusiness Evolution Spiral' a partnership model of organisation evolution towards an environmentally sustainable business.
- Personal development workshops of her authorship combine body, mind and heart in Nature with coaching facilitation and artistic creation: music, intuitive dance, singing and drawing.



Investment

EcoSystem Master Coach LEVEL 3

EcoSystem Master Coach Level 3 Coaching Education is inclusive of:

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2. **Mentor Coaching: 10 Contact Hours** (all 10 Synchronous) **with an ICF MCC Mentor Coach**:
 - 🌱 5 Hours Group Session in a group of maximum 10 participants and
 - 🌱 5 Hours in one-to-one Sessions scheduled flexibly, inclusive of:
 - 🌱 3 One-to-one Observed Coaching sessions with an ICF MCC Observer

All education is delivered via Zoom platform.

£ 3190 Regular Price

£ 2990 Early Bird Price for bookings made **by 30th of September 2025** accompanied by **£ 300 deposit**

Payment plan is available upon request.

The payments are refundable in case the organiser changes the group training dates. Otherwise are non-refundable.

Questions about the program or **booking your place**, please **contact Patrick at:**

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🌱 +44 (0) 7538 967 140

Contact

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